



Top Three V2 Benefit Statements:

- Detoxify, Alkalize, and Cleanse For Optimal Balance*
- Nourishes Your Body With The Finest Herbal Extracts*
- Lower Your Cravings*

●●● V2 SKINNY GREENS INGREDIENT BENEFITS ●●●

Acacia Fiber

A soluble fiber that acts as an appetite suppressant and aids weight loss efforts by increasing satiety.*

- Reduces cravings and fat formation by slowing the rise of blood sugar*
- Creates feeling of fullness with fiber*
- Boosts the immune system with soluble fiber*

Aloe

Traditionally used topically, Aloe has been found to have some benefits in maintaining blood sugar levels that are already at the normal levels.*

- Improves digestive health*
- Boosts immune system*

Apple Fiber

Apple fiber is made from the whole apple, thereby deriving all the health benefits of extra fiber.*

- Reduces cravings and fat formation by slowing the rise of blood sugar*
- Creates feeling of fullness with fiber*
- Boosts the immune system with soluble fiber*

Artichoke Extract

Offers valuable health benefits for the digestive system and promotes healthy liver function.*

- Reduces cravings and fat formation by maintaining healthy blood sugar levels that are already within normal limits.*

Bamboo Fiber

This supplement contains insoluble fiber with silica which promotes the formation of collagen and promotes the growth of hair, nails, and skin.*

- Creates feeling of fullness with fiber*
- Reduces cravings and fat formation by slowing the rise of blood sugar*
- Fiber content speeds intestinal transit time*

Barley Grass

Derived from young green cereal grasses, this supplement is closer to a vegetable extract than a grain and many health benefits come from the chlorophyll, protein, and vitamin content available in the young plant. As barley grass ages, the nutrient content changes.*

- Provides essential vitamins and minerals*
- Nourishes the body to reduce cravings*
- Helps nutrients absorb better*

Blueberry (Juice)

- Provides antioxidants
- Helps maintain blood sugar levels which are already within normal limits, reducing fat formation*
- Assists memory and brain function*

Brown Rice Bran

The outer layer of the brown rice shell provides vitamins, phytochemicals, and minerals. In addition, the fiber content of this whole grain helps suppress the appetite.*

- Provides vitamins, antioxidants, and minerals
- Nourishes the body which reduces cravings*
- Creates feeling of fullness with soluble fiber*

Buchu Leaf

A South African shrub that promotes overall wellness.*

- Supports bladder, kidney and urinary tract health*

Cornsilk Powder

This supplement is made from the female stigma of the corn plant, which provides vitamins in addition to other nutrients and sterols.*

- Provides proteins, vitamins, alkaloids, flavonoids, and minerals
- Helps maintain blood sugar levels that are already within normal limits which reduces cravings and fat formation*
- Supports bladder, kidney and urinary tract health*

Cranberry Fruit

Providing antioxidants, the concentrated version of Cranberry Fruit found in V2 Skinny Greens offers more potent benefits than the fruit or juice itself.

- Supports urinary tract health*

Dandelion Leaf

This common garden weed is packed with vitamins and minerals that promote liver and gallbladder health.*

- Helps the body absorb nutrients*
- Nourishes the body to help reduce cravings*

European Ash

The leaves and bark of this native European tree were used by Hippocrates and the Ancient Greeks.

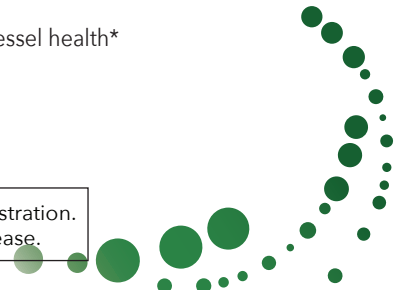
- Reduces weight gain *
- Reduces cravings and fat formation by slowing the rise of blood sugar*
- Promotes liver health*

Ginkgo Biloba

This herb has been used for thousands of years by the Chinese.

- Supports memory, attention span and thinking*
- Provides antioxidants
- Aids nerve and blood vessel health*

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Goldenseal Leaf

This bitter perennial herb promotes digestive health.*

- Supports the immune system*
- Alleviates digestive upsets*
- Boosts the effects of other herbs when mixed

Licorice Root

Contains hundreds of flavonoids and phytoestrogens that contribute to overall health and longevity.*

- Soothes occasional indigestion*
- Promotes digestive health*
- Supports adrenal gland function*

Luo Han Guo

A non-caloric, natural fruit sweetener that the ancient Chinese believed to aid in longevity.*

- Provides vitamins and some essential amino acids
- Helps reduce calories and sugar intake*
- Provides vitamin A to protect cells against free radical damage*

Marshmallow Root

This native European perennial is used for both the flower and the root, however the root powder swells when ingested which promotes the feeling of fullness therefore contributes to weight loss.*

- Reduces cravings and fat formation by slowing the rise of blood sugar*
- Soothes occasional indigestion*
- Slows absorption of fats and carbohydrates*

Nova Scotia Dulse

This red seaweed is found in the North Pacific and North Atlantic and contains mineral and protein content.

- Provides vitamins, antioxidants and minerals
- Creates feeling of fullness with gel formation
- Detoxifies your body

Oat Grass

This young cereal grass promotes cardiovascular and liver health & is instrumental in removing environmental toxins from the body.*

- Provides vitamins, minerals and amino acids
- Helps nourish the body to reduce cravings*
- Suppresses appetite*

Organic Spirulina

A blue-green freshwater microalga which provides vitamins and nutrients.

- Increases fat burning during exercise*
- Boosts the immune system*
- Provides essential vitamins, minerals and some amino acids

Organic Stevia

This natural plant-based sweetener sweetens foods without causing the blood sugar to rise.*

- Aids weight loss by curbing hunger and boosting energy*
- Reduces cravings and fat formation by helping maintain blood sugar levels that are already at normal levels*

Organic Wheat Grass

This super food provides minerals and some amino acids which promote health and longevity.*

- Provides essential vitamins and antioxidants
- Boosts the immune system*
- Improves stress resistance*

Parsley

An important herb that promotes digestive health.*

- Provides antioxidants
- Detoxifies your body*
- Aids weight loss*

Rose Hips

The dried seed pod of roses provides vitamins which promotes weight loss, digestive health, and gallbladder health.*

- Helps suppress the appetite*
- Boosts immunity*
- Slows absorption of fats and sugars*

Red Beet Juice

This root vegetable contains several nutrients which promotes cardiovascular health.*

- Encourages exercise by boosting stamina, energy, muscle efficiency and oxygen use*
- The nitrate content improves blood vessel wall flexibility*
- Provides antioxidants, fiber and nitrates

Red Raspberry

This sweet berry has antioxidants which promotes gastrointestinal health.*

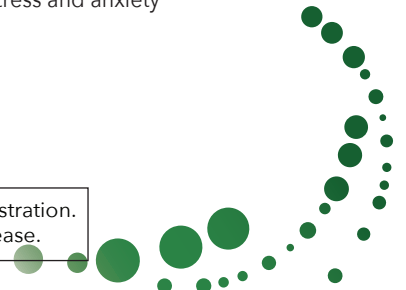
- Provides several essential antioxidants and minerals*

Rosemary Leaf

A woody evergreen herb from the mint family that promotes gastrointestinal and digestive health.*

- Provides vitamins and minerals
- Decreases occasional stress and anxiety*

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Sage

This herb is a perennial shrub containing several nutrients which stimulates the central nervous system while helping to detoxify the body.*

- Detoxifies your body*
- Promotes digestive health*
- Helps maintain blood sugar levels that are already within normal limits*

Spectra Hi ORAC (Oxygen Radical Absorbance Capacity)

ORAC is an index of antioxidant strength.

- Reduces free radical damage*
- Boosts immunity*
- Slows down the aging process*

Strawberry Fruit

A seasonal fruit containing several vitamins and minerals, which promotes health and longevity.*

- Provides several antioxidants
- Promotes cardiovascular health*
- Effective in promoting cellular health*

Sugar Cane Fiber

A natural unprocessed plant-based fiber that helps slow digestion and improve taste.*

- Reduces fat absorption*
- Reduces cravings and fat formation by maintaining blood sugar levels that are already at normal levels*
- Creates feeling of fullness with fiber*

Uva Ursi Extract

Also known as the bearberry extract, Uva Ursi has been used since the second century to promote bladder and kidney health.*

- Supports urinary tract health*

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